

**Greater Manchester’s Nature for Health Steering Group- Actions**

**Date:** Wednesday 26th March 2025

**Time:** 1:00- 3:00pm

**Location:** City of Trees Office, Fourth Floor, Fairbairn Building, 72 Sackville St, Manchester M1 3NJ or Teams meeting: [**Join the meeting now**](https://teams.microsoft.com/l/meetup-join/19%3ameeting_Yjk1NTkyNjMtNDMwYi00ODcyLWFhN2UtOTIyMzAwMDYwYTIw%40thread.v2/0?context=%7b%22Tid%22%3a%220b59f4d9-b3e9-4c17-bb37-3218947dec0f%22%2c%22Oid%22%3a%22f0ae999e-15cc-481b-8610-a38f0a17e687%22%7d), Meeting ID: 356 805 946 10, Passcode: n632Yb

**In attendance:** Online

| **Name** | **Initials** | **Organisation** |
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| Aimee Lawless | (AL) | City of Trees |
| Anna Da Silva | (ADS) | Northern Roots |
| Charlotte Leonhardsen | (CL) | GM Integrated Care Partnership |
| George Coombs | (GC) | Natural England |
| Hannah Flint | (HF) | START |
| Ingrid Summersgill | (IS) | GM Integrated Care Partnership |
| Jon Myint | (JM) | GM Integrated Care Partnership |
| Kerry Garner | (KG) | Royal Horticultural Society |
| Lauren Urquhart | (LU) | City of Trees |
| Nicola Swan | (NS) | Salford CVS |
| Rhoda Wilkinson | (RW) | Lancashire Wildlife Trust |
| Ruth Crawford | (RC) | The Conservation Volunteers |
| Steph Wild | (SW) | Northern Roots |
| Tara Kinsella | (TK) | Manchester Mind |

**Apologies**

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| Bruce Poole | (BP) | Salford CVS |
| Francine Hayforn | (FH) | The Whitworth, University of Manchester |
| Jessica Thompson | (JT) | City of Trees |
| Jo Ward | (JW) | MHVCG CIC |
| Jon Ross | (JR) | Sow the City |
| Kieron McGlasson | (KM) | Sow the City |
| Nina Burns | (NB) | Groundwork GM |
| Michelle Howarth | (MH) | Edge Hill University |
| Michaela Howell | (MH) | Groundwork GM |
| Rachel Bennion | (RB) | Petrus |
| Samuel Evans | (SE) | Greater Manchester Combined Authority |

**Guests**

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| Zoe Porter | (ZP) | GM Integrated Care Partnership |

**Chair:** Jon Myint, GM Integrated Care Partnership

**Actions & decision log:** Lauren Urquhart, City of Trees

**Agenda (AP- Action point)**

| **Agenda item** | **Detail** | **Who** | **Length** |
| --- | --- | --- | --- |
| Welcome | Intro & welcome | JM | 5 mins |
| Previous actions and minutes | Review previous actions and minutes   * **AP:** LU to ask JM to invite GS to CYP group- Done * AP: United Utilities funding- £2,000 for tools. JW share more information * **AP**- LU to provide comms guidance- Agenda item * **AP:** SW to discuss ‘Green Me’ project at future meeting (LU to add to March meeting agenda) * **AP:** KM to SE, impact report for GSF, need to align the fund with GSP. Asking SE to expand on this at a future meeting. **Carry over** * **AP:** Do the NfH steering group want to do an open letter to health sectary? JM Review this as an action in future meetings. Look to do at some point, from NHS politically sensitive. **Carry over** * **AP:** RW to share with NB evaluation report on lottery funded programme working with young people- **ongoing** | JM | 5 mins |
| Sow the City | Work at Wythenshawe hospital, each foundation trust to delivery GSP on their estate and neighbouring areas. Funding from NE to manage the estate.  GC shared a presentation on this during the steering group meeting. There   * **AP**: LU to circulate the slides from this presentation with the steering group actions and decisions log * **AP**: GC to facilitate any estates connections steering group members would like to make of the back of the report (GC to link up SD) * **AP**: GC to circulate full report once available   Summary:   * Identified Baguely Woodland at Wythenshawe Hospital as a site for woodland management.   + Not accessible due to being overgrown   + Presence of INNS   + Accessed least on site and not previously viewed as a woodland * Surveys identified that people wanted to use this outside space for relaxation to get away from their jobs in the hospital. * Requested organised activities in the woodlands to make people feel at ease in the space. * Design principle put forward to have a continuous route around the hospital * Evidence that there was a lot of appetite across NHS estates, producing greater opportunities for staff, patients and visitors. * CSR groups really enjoyed working in hospital estates as immediate social value outcomes evident. | GC | 10 mins |
| Green Me project | SW to update on the Green Me project   * Went to Barcelona as part of the Green Me project. Delegates from Spain, Italy, Sweden, UK attended at the Open University of Catalonia. * Mix of facilitators, GSP practitioners and researchers discussing how to evaluate GSP activities and how balance practically delivering the needs of academic data collection and the wellbeing needs of service users. * Looking at ambitious randomised control trial as part of this research * Initial discussions included suggestions such as extending running time of programmes, and having 2 people on delivery with different roles. * This research will provide an evaluation framework for future funding streams * Initial stages, pilot programme to begin in June 2025. SW to share updates when able to do so. | SW | 10 mins |
| NfH Steering Group | Discussion on the structure of the steering group moving forward past the point of project delivery   * Meeting regularity to be moved to bi-monthly * No obligation to attend steering group meetings going forward due to funding finishing * Need to review how the group can maintain value   + Look at the ‘Terms of reference’ in the next meeting   + Are there other organisations we need to bring into the steering group * Discussed sharing practise and learning within the group * Share a commitment to hosting the group   + Having seasonal in person sessions where we can review other peoples sites and delivery   + All other meetings to be held on teams * **AP**: JM, CL, and NS to have a contextualising chat to discuss NS role in the group following their take over from Bruce Poole. * Is there an overlap of this group with other groups, could we focus down to other sessions. * Is there an opportunity to overlap with the creative health space. * Further discussions requested on how NfH fits into Live Well. * Could we shorten meetings when there is not a specific focus. * CoT currently still chairing these meetings however it is very open for other members to take this on going forward if requested * **AP:** LU send around a poll for times for next meeting to discuss the role of the steering group | JM | 15 mins |
| Live Well | Update on Live Well project from Zoe Porter (from 2.30pm). Presentation to be circulated   * System and community led, creating welcoming spaces and utilising spaces already in ‘Live Well’ cultural goals. * Commitment for sustainable ongoing funding models, need to support NHS by shifting the funding as a whole from crisis to prevention * DWP funding for ‘Economicly Inactive’ focus, part of this being distributed to councils for development of Live Well centres. 50% of funding to go through the voluntary sector. * It has been indicated that the project will continue to be supported following its end at the end of 2025. * Live Well centres vary across GM   + Could delivery partners already have capabilities of ‘Live Well’ centres   + Locality of centres will change the delivery style and needs of each centre. Review what is required locally and if culturally appropriate spaces * **AP:** ZP to let steering group know if there is anyway they can help in the wake of the NHS England cuts. | ZP | 30 mins |

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| **Standing agenda items** | | | |
| Funding opportunities/  updates |  |  |  |
| Legacy principles review of GSP extension |  |  |  |
| Communications | Communications update from the project from Groundwork and City of Trees, delivered by Aimee Lawless.   * AP: Delivery partners to send a quick update to Stef Wyatt about the end of project wrap up so she can make this into posts for the website * AP: JM to send Stef the case studies he has collected from delivery partners to be published on the website * AP: All steering group members to continue sending stories and information for the newsletter and website. * NfH newsletter to be send bi-monthly, with the ad-hoc ‘newsblast’ where required for time sensitive information * National programme finishing, no formal messaging been received for comms yet, waiting on steer from NHS and NE on this. * Looking like focus of comms to be celebration of projects rather than ‘what is next’ * Comms review showed increased activity on the website, retention of NfH newsletter sign ups and reduced use of hashtag on socials, this is due to change of partners use on X. Greater engagement with hashtag on Linkedin. * AL and Stef Wyatt have pulled together recommendations for comms in future funding bids for NfH drawing on lessons learning from this phase. | AL | 10 mins |
| Skills and training |  |  |  |
| Data and learning |  |  |  |
| Problem solving |  |  |  |
| AOB | NfH Celebration event- end of project wrap up   * AP: Steering group to review topics to be covered at the event. * Any key stakeholders to invite along * All delivery partners to present at the celebration event * Looking for an event location please let LU know If you think of any appropriate spaces | LU | 10 mins |

**Next meeting:** TBC. Meeting schedules to be discussed in the meeting