

**Greater Manchester’s Nature for Health Steering Group- Actions**

**Date:** Wednesday 15th January 2025

**Time:** 1:00- 3:00pm

**Location:** START offices, Brunswick House, 62 Broad St, Salford M6 5BZor Teams meeting

**In attendance:**

| **Name** | **Initials** | **Organisation** |
| --- | --- | --- |
| Anna Da Silva | (ADS) | Northern Roots |
| Charlotte Leonhardsen | (CL) | GM Integrated Care Partnership |
| George Coombs | (GC) | Natural England |
| Hannah Flint | (HF) | START |
| Jo Ward | (JW) | MHVCG CIC |
| Jon Myint | (JM) | GM Integrated Care Partnership |
| Kerry Garner | (KG) | Royal Horticultural Society |
| Lauren Urquhart | (LU) | City of Trees |
| Michaela Howell | (MH) | Groundwork GM |
| Nina Burns | (NB) | Groundwork GM |
| Rhoda Wilkinson | (RW) | Lancashire Wildlife Trust |
| Samuel Evans | (SE) | Greater Manchester Combined Authority |
| Silvana Devine | (SD) | Petrus |
| Steph Wild | (SW) | Northern Roots |
| Tara Kinsella | (TK) | Manchester Mind |

**Apologies**

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| Aimee Lawless | (AL) | City of Trees |
| Bruce Poole | (BP) | Salford CVS |
| Francine Hayforn | (FH) | The Whitworth, University of Manchester |
| Ingrid Summersgill | (IS) | GM Integrated Care Partnership |
| Jessica Thompson | (JT) | City of Trees |
| Jon Ross | (JR) | Sow the City |
| Kieron McGlasson | (KM) | Sow the City |
| Michelle Dennett | (MD) | START  |
| Michelle Howarth | (MH) | Edge Hill University |
| Nicola Swan | (NS) | Salford CVS |
| Rachel Bennion | (RB) | Petrus |
| Ruth Crawford | (RC) | The Conservation Volunteers |

**Chair:** Jon Myint, GM Integrated Care Partnership

**Actions & decision log:** Lauren Urquhart, City of Trees

**Agenda (AP- Action point)**

| **Agenda item** | **Detail** | **Who** | **Length** |
| --- | --- | --- | --- |
| Welcome | Intro & welcome | JM | 5 mins |
| Previous actions and minutes | Review previous actions and minutes | JM | 5 mins |
| GSP Programme update | Overview of current progress of the GSP programme**Northern Roots (SW)*** 36 service uses have attended 3< sessions
* Delayed start to part 2 of programme due to cold weather
* Found ‘Green’ element may be curbing uptake and looking at more of an overview approach including physical and social activities

**Mind (TK)*** Concentrating on supporting service users to complete 6-8 sessions.
* Have been utilising indoor space which is heated to continue events during cold periods
* Going to be utilising creative evaluation to support data collection. More accessible for ESOL service users.

**Groundwork (NB)*** Currently on 3rd cohort of people
* Also utilising warmer indoor spaces available
* Had good feedback which has been captured in case studies of individuals and group stories
* In the future looking to consider young people in GSP provision. Focusing on green skills and mental health

**AP:** RW to share with NB evaluation report on lottery funded programme working with young people **AP:** JW to link NB with academic colleagues working on GSP provision for young people**AP:** JW to send LU article on young people and GSP for circulate with steering group**AP:** JM to consider creation of subgroup for provision of GSP for children and young people**START (AS)*** Delivery post Christmas has not seen drop off, indoor space has been integral to this.
* Challenging to capture ‘post’ programme evaluations as people do not announce when not going to attend anymore. Have a lot of ‘before’ data.
* Also looking to branch out to ‘all-around’ wellbeing delivery integrating green with physical and creative.

**LWT (RW)*** Raised benefits of collaboration in continued work even without funding
* Currently in conversation on how to increase the strong story telling element to support the programme.

**Petrus (SD)*** Facilitating peer to peer support for service users and creating onwards pathways
* Seen an upturn of people wanting to attend with the slightly brighter and warmer weather in w/c 13th Jan.
* Challenging still at the moment due to uptake.

**RHS (KG)*** Looking at developing youth work

JW shared link to summary Guardian article on [‘The nature cure: how time outdoors transforms our memory, imagination and logic’](https://www.theguardian.com/lifeandstyle/2023/nov/27/the-nature-cure-how-time-outdoors-transforms-our-memory-imagination-and-logic) | JM | 40 mins |
| Workshop: Strategic links with environmental funding and linking enviro and health services | Discussion on the shaping of a workshop for the Steering Group and wider GM stakeholders around the future of GSP and nature-based activities for health. | GC/ JM | 20 mins |
| Legacy principles review of GSP extension | Request to be discussed in January meeting.Discussed in workshop topic. | JM | 15 mins |
| GMCVO | Discuss loss of GMCVO on voluntary sector in GMNot discussed due to time constraints, roll over to February meeting. (**AP** LU to add to agenda) | GC | 10 mins |

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| **Standing agenda items** |
| Funding opportunities/updates  | Any GSF updates?START- recommended Screwfix foundation for anyone needing a toilet for their outdoor spaces |  |  |
| Communications | **AP:** GC talk to external comms at NE about how to communicate the end of the programme. **AP:** LU to add to the Feb agenda a comms discussion involving AL and Groundwork about the comms wrap up of the project – separate meeting with CoT and Gwk around this happening prior to Feb meeting so will have further updates | GC |  |
| Skills and training  | Update on the GSP Learning Network- due to time constraints this was not covered.**AP:** LU to provide update on GSP Learning Network to steering group via email | LU | 10 mins |
| Data and learning  | SW reporting that the quantitative data that they have collected is not reflective of qualitative data they are seeing of participants at events.* RW- From previous experience they have noted that the ‘before’ data captured in first session reports a false high in mood due to the participant taking action, and is not reflective of long term needs. Suggested multiple evaluation points to combat this

SW felt not possible to do evaluation in 1 to 1 sessions due to time constraints and focusing on connection and wellbeing (not wanting to interrupt time with surveying)* RW Suggested evaluating a sample not each individual to combat this. Data does not have to be monitoring, as is an overall evaluation

JW shared below link to example of PERMA scale:[The 51% Evaluation](https://improvingme.org.uk/media/1298/the-51-evaluation.pdf)JW shared link to [‘Psychological Practice](https://ppn.nhs.uk/doclink/ppn-discussion-paper-psychological-practice-in-physical-health-fv1-1-nov-2023-1/eyJ0eXAiOiJKV1QiLCJhbGciOiJIUzI1NiJ9.eyJzdWIiOiJwcG4tZGlzY3Vzc2lvbi1wYXBlci1wc3ljaG9sb2dpY2FsLXByYWN0aWNlLWluLXBoeXNpY2FsLWhlYWx0aC1mdjEtMS1ub3YtMjAyMy0xIiwiaWF0IjoxNzI5MDk0MDI1LCJleHAiOjE3MjkxODA0MjV9.EG4dzMxZts6aqA5mjnrO0g0HzGA13AOPkRIxdoFJhW8) [in Physical Health: Discussion Paper’](https://ppn.nhs.uk/doclink/ppn-discussion-paper-psychological-practice-in-physical-health-fv1-1-nov-2023-1/eyJ0eXAiOiJKV1QiLCJhbGciOiJIUzI1NiJ9.eyJzdWIiOiJwcG4tZGlzY3Vzc2lvbi1wYXBlci1wc3ljaG9sb2dpY2FsLXByYWN0aWNlLWluLXBoeXNpY2FsLWhlYWx0aC1mdjEtMS1ub3YtMjAyMy0xIiwiaWF0IjoxNzI5MDk0MDI1LCJleHAiOjE3MjkxODA0MjV9.EG4dzMxZts6aqA5mjnrO0g0HzGA13AOPkRIxdoFJhW8)**AP:** JW to send information on creative health evaluation |  |  |
| Problem solving  |  |  |  |
| AOB | **AP:** JW to send through information on ERAMUS project. See if this has any reflections that can better the network**AP:** SW to discuss ‘Green Me’ project at future meeting **AP:** ALL to make sure to send forward any agenda items for meetings. |  |  |

**Next meeting: Wednesday 12th February 1-3pm**